

Coláiste Bríde

Templeshannon, Enniscorthy, Co. Wexford.

01/09/22

Dear Parent/Guardian

As we welcome students back for the 2022/23 school year we are pleased to announce the start of our DEIS School Meals Programme.

As you may be aware, our school has recently been granted DEIS status. This is a fantastic development for our school as it will allow us to put in place a number of extra school supports and further provisions for our school community, which may not have been possible otherwise.

One of the biggest developments to come about due to our DEIS status is the commencement of the School Meals Programme. The Department of Social Protection is overseeing of this scheme and they are currently providing a daily allowance for a cold lunch and drink.

We are delighted that local Wexford catering company, FRESH TODAY www.freshtoday.ie are joining us in Coláiste Bríde to provide meals to our school as part the School Meals Programme for 2022/23. FRESH TODAY have been rolling out this scheme in other schools and have had great success over the past number of years.

From this Friday, 02/09/22 onwards, all students enrolled in our school are eligible to receive a drink (water) and a healthy sandwich (preprepared with choice of fillings) at lunchtime each school day. This will be provided for free, at no cost to your household. Students will be able to participate in this programme without having to submit an application or pay a fees. The programme is available to every student who attends Coláiste Bríde.

Between September and December, our lunch supplier, FRESH TODAY will also offer a selection of hot meals to students for a reduced price of €2 per day. Students will be offered the choice between a cold sandwich daily, at no cost, or a hot meal each day for €2.

Hot meal choices will include a vegetarian/ vegan option, a halal option, and provide for allergies/dietary requirements. Please below the sample menu for next week's hot meal options which includes a variety of hot dishes. All meals must conform to the Departments of Social Protection's Nutritional Standards for School Meals.

From January onwards, the School Meals Programme will increase their budget to DEIS schools. At this stage FRESH TODAY will provide a selection of hot meal options daily which will replace the free cold sandwich. All students will then be able to avail of a free hot meal at every lunch time.

Principal: Ms. K. O'Sullivan Deputy Principal: Ms. R. McConville Deputy Principal: Mr. N. Moynihan Telephone: (053) 9234245

Web: www.colaistebride.ie

Email: office@colaistebride.ie



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In order to avail of the hot meal options between now and January, students simply need to bring the payment of €2 to the meal collection points in the school building. The cold sandwich will be free to those who choose that option.

If any student does not wish to avail of the School Meals Programme, this is no problem. They may continue to bring their lunch to school, as before.

We are very excited about this new development for our school ad hope that it is a positive experience for all our students. Research completed during the initial stages of this programme showed that healthy nourishment meant students were ready to learn.

If you have any questions or queries regarding the School Meals Programme please do not hesitate to contact us.

Thank you for your continued support,

Yours sincerely,

Kiera O'Sullivan

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Coláiste Bríde

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Menu for Week beginning 05/08/22

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MONDAY 05/09

Chicken Curry & Rice

Milk

Pasta & Meatballs with Tomato Sauce

Gluten (Wheat)

Vegan Goujons, Pasta & Tomato Sauce

Gluten (Wheat), Soya

TUESDAY 06/09

Chicken & Ham Carbonara with Veg

Gluten (Wheat), Milk

Meatballs & Mash with Gravy

Celery, Milk, Sulphites

Sweet Vegetable Curry & Rice

Milk

WEDNESDAY 07/09

Chicken & Chorizo Pasta Bake

Gluten (Wheat), Milk

Bangers, Mash & Beans

Gluten (Wheat), Milk, Sulphites

Vegan Goujons, Pasta & Tomato Sauce

Gluten (Wheat), Soya

THURSDAY 08/09

Chicken Curry & Rice

Milk

Roast Chicken, Mash, Gravy & Veg

Celery, Milk, Sulphites

Vegan Pasta Bake

Gluten (Wheat)

FRIDAY 09/09

Chicken Goujon Baguette

Gluten (Wheat), Milk,

Sausage Baguette

Gluten (Wheat), Milk, Sulphites

Sweet Vegetable Curry & Rice

Mill

Coláiste Bríde

All our beef is of Irish origin

* The Friday menu will offer two treat options.

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